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Amphetamines Use in United States

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Amphetamines Use in United States

The 1930s was the initial period amphetamines were taken in the U.S. At the start of this era, amphetamines were suitable for curing asthma, losing appetite, and low blood pressure. Commendations for amphetamines were invited throughout the Second World War in the 1930s and 1940s when militaries were provided with over 72 million pills for them to stay strong, remain alert, and conscious (Klayman, 2018). Later on, they realized that the injection of the medication provided an elevated feeling far more rapidly than the oral consumption technique individuals had been performing. Additionally, in the 1960s, Amphetamines were introduced in the weight loss markets. As linking street medicines to drugs like Adderall increased, the figure of individuals seeking medication to align them with weight-loss drug management also increased.

The potential problems associated with amphetamines can be temporary or prolonged. According to Klayman (2018), the instant effects on the body related to the abuse of amphetamines are a rise in the body temperature, disturbances of sleep, mood swings, rapid heart rate and high blood pressure, anorexia, and depression from fatigue caused by lack of using the drug. In the long run, these signs usually are intensified. High blood pressure might damage the heart and blood vessels, whereas increased body temperature could damage tissues and other body organs. Similarly, loss of appetite could result in malnutrition through unhealthy eating habits, which can also cause damages to the brain and other organs in the body.

The main benefit of amphetamine use on children diagnosed with ADD or ADHD is that most children become less impulsive and hyperactive, can focus better, and are less troublesome both in school and at home. Similarly, the drug decreases the severity of the symptoms related to ADD or ADHD (Shoar et al., 2020). However, even though the use of amphetamines is effective

at reducing the major ADHD or ADD symptoms in the short term, they still have adverse effects on children who use them. Therefore, parents should rely solely on the drug and employ alternative measures like cognitive behavioral therapy, brain training, coaching, and exercising, among others, to help manage ADD or ADHD symptoms. For that reason, the drugs should be used responsibly.

Another concern is amphetamine abuse on colleges and campuses. Most college scholars feel the pressure to score high grades, uphold a healthy societal life, and sustain a healthy diet, and work out frequently. This urge leads to a massive amount of anxiety that can push learners towards abusing pills such as amphetamines. Additionally, students are drawn to using the drug to heighten their focus and increase their attention span. On the other hand, amphetamines also increase muscular power, increase strength and stamina. Studies recently conducted in the United States indicated increased use of the drug among adults who were participants in wrestling and lacrosse. Amphetamines have contributed to nearly 10% of confrontational logical findings by the World Anti-doping Agency. They are the greatest contributor to a positive test in most athletes taking part in organized competitions (Shoar et al., 2020).

References

Klayman, A. (2018). *Take Your Pills*. Netflix.

Shoar, N. S., Marwaha, R., & Molla, M. (2020). *Dextroamphetamine-Amphetamine*. Statpearls [Internet].

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